Are You Regis Ready?

Transitioning to a new school can be a daunting experience and we know you will have many questions about what to expect when you join us. Below are some frequently asked questions which we hope will support you in feeling prepared to join The Regis School.

What time do I need to be at school?

The school gates open at o8:15 each morning and we start the day with a line up. You will need to make sure you arrive at school and make your way to your line up area ready for the whistle at o8:23. When you hear the whistle you should be in your tutor line, facing the front in silence. Your Director of Year will give you important information and messages for the day/week ahead.

If you arrive to school after o8:30 you will receive a 1-hour after- school detention.

How will I know where to go?

On your first full day at TRS you will be given a school map and a timetable of all your lessons. To help you find your way around, you could colour code your timetable so that it matches the colours of the school floors and subject areas.

The most important room is your tutor room, you will be taken to this room from line up on your first full day at TRS. Starting the day with tutor time allows you to ask your teacher, and others in your tutor group, to help you find your class if you are unsure of where to go. If you do get lost, don't panic, ask any member of staff and they will be able to point you in the right direction.

Who can I ask for help?

We have over 100 staff at The Regis School, all have different roles, but they are all ready to ensure your time at secondary school is a positive and enriching experience. If you have any concerns, questions, or worries, you can speak to any adult in the building. Your tutor, Head of Year and Director of Year will also be available to support and help you, if needed.

What subjects will I study?

At The Regis School, you will study a broad and balanced curriculum designed to develop your talents and explore the very best of a range of different subject areas. Alongside Maths, English and Science, you will attend lessons in Geography, History, RE and a Modern Foreign Language. To ensure you stay creative, active, and innovative you will also study Art, Physical Education, Technology, Performing Arts and Computing.

What are lessons like at The Regis School?

We expect all student to work hard and believe that every minute of every lesson counts. Teachers at The Regis School will begin most lessons with a Do Now task designed to your prior knowledge. Lessons will then follow 'I, We, You' cycles. This means that your teacher will spend time carefully explaining new information, checking that you understand and then ask you to practice independently.

What happens at break and lunch time?

Each day you will have one break time and one lunch time. This is your opportunity to socialise, have something to eat and use the toilet. We have a biometrics system which means we use our fingerprint to buy food in the canteen rather than cash. You are also welcome to bring a packed lunch if you prefer. Whichever you choose, we have lots of indoor and outdoor spaces for you to enjoy breaks and lunches.



Are there opportunities to join a club or team?

At The Regis School we value student participation in extracurricular activities and actively encourage all students to regularly take part in these. Being part of a club allows you meet new students from across the school, whilst also developing your team building, communication, and leadership skills. We have an amazing array of clubs for you to choose from, ranging from sports and photography to chess and coding.

Your tutor will give you the full programme of what is available to you as well as information on how to sign up.

How should I manage completing homework at home?

Homework is a great way to revisit knowledge and apply your learning. Below are some tips to ensure you get the most out of working at home:

- 1. **Be positive**. Stay solution focused. Homework can be difficult at times, but it plays an important part in your academic success. Your teachers will show you where you can access support with your homework. If you are still stuck, see your teacher, or send them an email just make sure you have tried your best first.
- 2. Use your resources. We have some great facilities at school, including the academic hub which is open to students every day at break time, lunch time, and after school. It is even open to students on Saturdays. We also run homework clubs for students who want the opportunity to get help from a teacher.
- 3. **Be organised.** The golden rule is to never leave it to the last minute. The best habit is to complete each piece of homework you receive on the day it is set.

There are a huge number of opportunities to be rewarded for completing your homework to the best of your ability. Failure to complete homework will lead to an after-school homework detention.





